




EVA & ELM™  
— ACTIVE —

2023



The importance of **physical and mental wellbeing** is increasingly recognised and prioritised at both a **personal level** and **in the workplace**. **Eva & Elm™** products are designed for those who wish to improve their health and wellbeing or inspire their staff or clients to do so.

With a host of branding options available, **Eva & Elm™** gives you the opportunity to associate **your organisation** with **the positivity of health and wellness** and is committed to offering a range of **competitively priced wellness products**, without compromising on quality.







*Enjoy a trip to the gym or a weekend away with this spacious, durable, and fashionable, 100% natural cotton bag.*

BG-EE-401-B

## **Eva & Elm Voyager Weekend Bag**

- 58 ( l ) x 26 ( w ) x 31 ( h ) cm
- 100% cotton canvas
- 47L
- padded carry handles
- adjustable detachable shoulder strap • inside zipped pocket • two side slip pockets • piping around the edges for a firm structure

BL





*Lightweight and easy to sip from, this 750ml bottle should make it easier to hit your daily hydration targets.*

*The bottle has a wide mouth, which makes it easier to pop ice into.*



**DR-EE-234-B**

## **Eva & Elm Atlas 750ml Water Bottle**

- 26 ( h ) cm
- aluminium & PS
- 750ml
- sipper lid with straw and carry handle
- packaged in an Eva & Elm gift box

S





DR-EE-239-B

## Eva & Elm Jupiter 1.5L Water Bottle

- 24 (h) x 12 (d) cm
- PP
- 1.5L

BL

*Reach your daily hydration goals with this jumbo bottle,  
which is extra easy and comfortable to carry.*





GF-EE-1047-B

## Eva & Elm Eclipse Two-Tone Exercise Mat

- 183 (l) x 61 (w) x 0.8 (h) cm
  - TPE
- 
- two-tone reversible yoga mat
  - webbing carry strap included

BL

*This mat is soft, comfortable and durable, and can be used for Yoga, Pilates, general exercises, stretching and more!*





*A yoga block can assist you in improving your positions, deepening your stretches and ensuring proper alignment during poses.*



GF-EE-1048-B

### Eva & Elm Gravity Yoga Block

- 23 (l) x 16 (w) x 8 (h) cm
  - EVA
- 
- two tone yoga block
  - made from high density foam
  - presented in a drawstring pouch

BL



*Made in South Africa, this microfibre towel is super absorbent, quick-drying and light and easy to carry.*



GF-EE-1049-B  
**Eva & Elm  
Galaxy Gym Towel**

- 105 ( l ) x 52 ( w ) cm
- microfibre ribbed design for added texture and absorbency
- presented in a drawstring pouch

GY





*Made in South Africa, this microfibre towel is super absorbent, quick-drying and light and easy to carry. This towel features a front zip pocket to stash your gym card, phone and keys.*

**GF-EE-1050-B**  
**Eva & Elm**  
**Spectra Gym Towel**

- 105 (l) x 52 (w) cm
- microfibre ribbed design for added texture and absorbency
- concealed front zip pocket
- presented in a drawstring pouch



*This high quality anti-burst gym ball can improve stability, flexibility and enhance core strength, while working both upper and lower body muscles. You could also use it as an office chair to strengthen your core and improve your posture while working.*



GF-EE-1046-B

### **Eva & Elm Comet Anti-Burst Gym Ball**

- 75 ( d ) cm
- PVC
- supplied deflated and folded
- presented in a drawstring pouch

BL





GF-EE-1045-B

## Eva & Elm Interstellar Resistance Bands

- 34.5 (l) x 8 (w) cm
- cotton & latex
- set of three resistance bands:
  - black:** heavy resistance
  - dark grey:** medium resistance
  - light grey:** light resistance
- presented in a drawstring pouch

*This set includes 3 high performance resistance bands with different resistance levels, for a wide range of exercises to strengthen your core, and build and tone muscle.*





# Gift Sets

The **Eva & Elm gift set series** brings you a combination of **wellness products**, presented in a **natural kraft gift box**, to delight and inspire the recipient.







*Inspire a  
healthier,  
happier  
lifestyle*

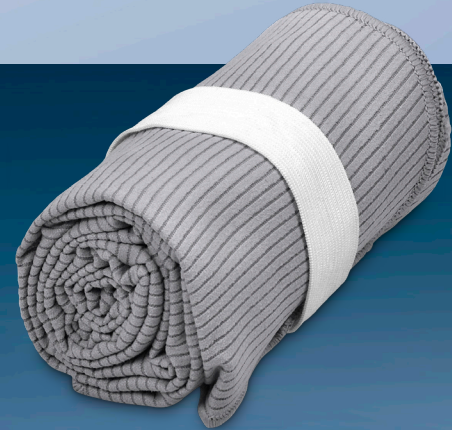
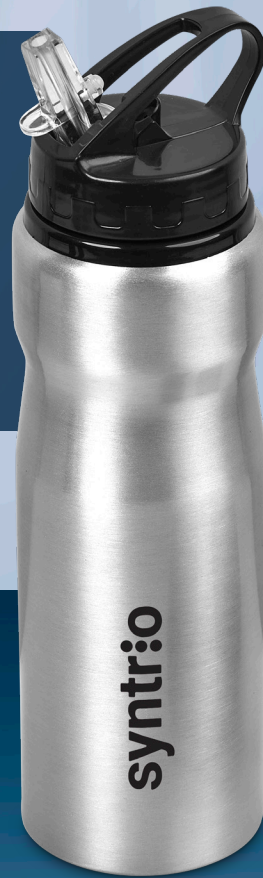
GF-EE-1060-B

## Eva & Elm Meteor Kraft Gift Set

### This set includes

- Eva & Elm Galaxy Gym Towel
- Eva & Elm Atlas 750ML Water Bottle
- Bianca Gift Box A:  
30 (l) x 23 (w) x 10 (h) cm
- Regalo Gift Box Filler

GY





*Align your  
brand with  
health and  
wellness*

GF-EE-1062-B

## Eva & Elm Newton Kraft Gift Set

### **This set includes**

- Eva & Elm Spectra Gym Towel
- Eva & Elm Atlas 750ML Water Bottle
- Bianca Gift Box A:  
30 (l) x 23 (w) x 10 (h) cm
- Regalo Gift Box Filler

BL







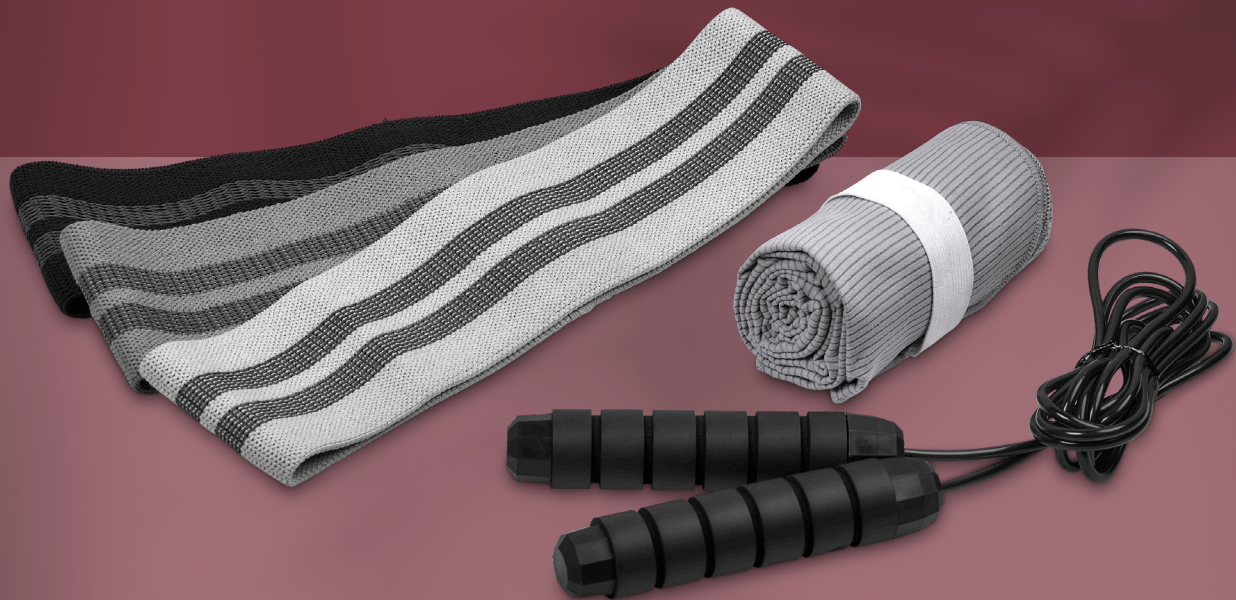
*Elevate your wellness game  
with the Orbit Gift Set*

**GF-EE-1058-B**  
**Eva & Elm Orbit**  
**Kraft Gift Set**

**This set includes**

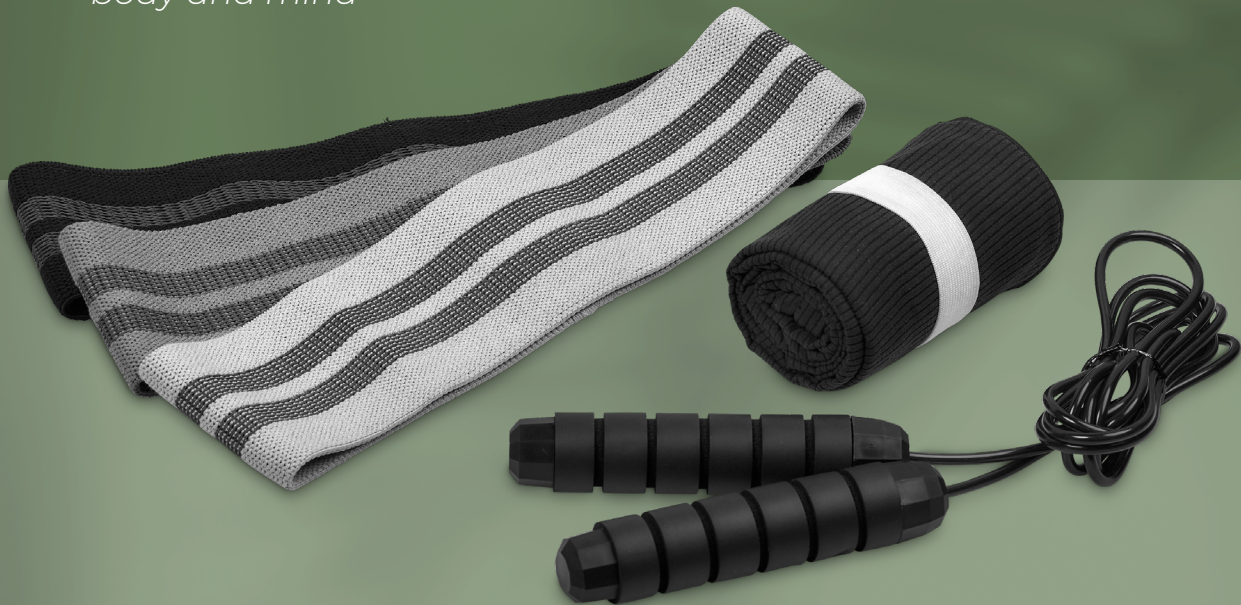
- Eva & Elm Interstellar Resistance Bands
- Eva & Elm Galaxy Gym Towel
- Solstice Skipping Rope
- Bianca Gift Box A:  
30 (l) x 23 (w) x 10 (h) cm
- Regalo Gift Box Filler

BL





*An indulgence for the  
body and mind*



GF-EE-1056-B

## Eva & Elm Odyssey Kraft Gift Set

### **This set includes**

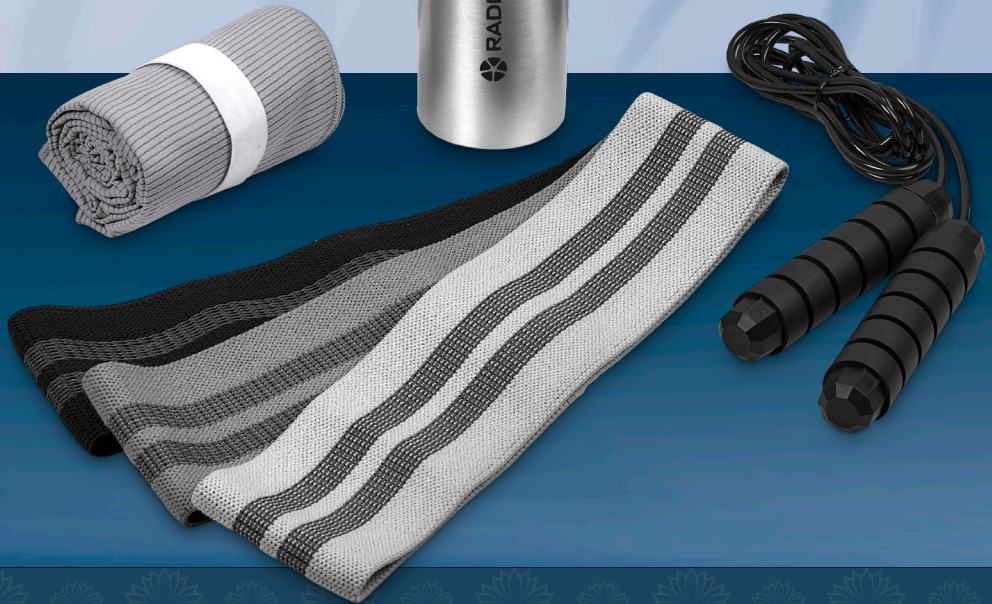
- Eva & Elm Interstellar Resistance Bands
- Eva & Elm Spectra Gym Towel
- Solstice Skipping Rope
- Bianca Gift Box A:  
30 ( l ) x 23 ( w ) x 10 ( h ) cm
- Regalo Gift Box Filler

BL





*Perform at the top  
of your game*



GF-EE-1084-B

## Eva & Elm Apollo Kraft Gift Set

### This set includes

- Eva & Elm Interstellar Resistance Bands
- Eva & Elm Galaxy Gym Towel
- Solstice Skipping Rope
- Eva & Elm Atlas 750ML Water Bottle
- Bianca Gift Box A:  
30 (l) x 23 (w) x 10 (h) cm
- Regalo Gift Box Filler

GY



*The perfect gift  
to promote health  
and wellbeing*

GF-EE-1083-B

## **Eva & Elm Lunar Kraft Gift Set**

### **This set includes**

- Eva & Elm Interstellar Resistance Bands
- Eva & Elm Spectra Gym Towel
- Solstice Skipping Rope
- Eva & Elm Atlas 750ML Water Bottle
- Bianca Gift Box A:  
30 (l) x 23 (w) x 10 (h) cm
- Regalo Gift Box Filler

BL







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